

European Powerlifting Championships

Tue 04 May to Sat 08 May 2010, K?ping SWE.

WOMEN SENsummary [detail](#)

cat	pl	name	born	team	bwt	squat	bench	dead	total
48kg									
Tue 04 May 2010									
	1	JURKKO Raija	1963	FIN	47.60	177.5	90.0	160.0	427.5
	2	DEREVYANKO Anastasiya	1987	UKR	47.75	157.5	90.0	165.0	412.5
	3	APULI Sanna	1981	FIN	47.75	162.5	80.0	157.5	400.0
	4	LE PANSE B?n?dicte	1978	FRA	47.65	147.5	92.5	150.0	390.0
	5	BABUROVA Iryna	1986	UKR	48.00	152.5	80.0	155.0	387.5
	6	SCHWENGL Ilka	1965	AUT	47.15	135.0	102.5	142.5	380.0
	7	LIIMATAINEN Miia	1986	SWE	46.45	142.5	62.5	145.0	350.0
52kg									
Tue 04 May 2010									
	1	CHUMAK Oksana	1983	UKR	51.80	170.0	102.5	165.0	437.5
	2	MURTAZINA Kadriya	1986	RUS	50.55	165.0	95.0	162.5	422.5
	3	JOKITALO Leena	1961	FIN	51.40	175.0	77.5	162.5	415.0
	4	SIRKI Mervi	1972	FIN	51.65	162.5	92.5	155.0	410.0
	5	MARTIN Vanessa	1976	FRA	51.10	160.0	92.5	135.0	387.5
	6	GUIHOMAT Sophie	1975	FRA	51.40	142.5	82.5	152.5	377.5
	7	GAVORN?KOVA Monika	1974	SVK	51.70	140.0	92.5	135.0	367.5
56kg									
Wed 05 May 2010									
	1	KOMLAEVA Anna	1979	RUS	54.20	195.0	107.5	175.0	477.5
	2	RANTAM?KI Mervi	1974	FIN	55.60	185.0	105.0	170.0	460.0
	3	ABDULINA Vita	1967	UKR	55.65	192.5	100.0	160.0	452.5
	4	LINDBERG Maria	1973	FIN	55.25	160.0	90.0	162.5	412.5
60kg									
Wed 05 May 2010									
	1	AKHMAMYETYEVA Tetyana	1985	UKR	59.85	210.0	120.0	192.5	522.5
	2	PAVLOVSKAYA Kira	1983	RUS	59.90	197.5	115.0	190.0	502.5
	3	WERNGREN Josephine	1976	SWE	59.70	167.5	105.0	165.0	437.5
	4	COLLARD Odile	1986	FRA	59.80	162.5	90.0	165.0	417.5
	5	WATTON Louise	1986	GBR	59.90	157.5	90.0	165.0	412.5
	-	LIIMATAINEN Riitta	1963	SWE	58.80	192.5	0.0	0.0	0.0
67.5kg									
Thu 06 May 2010									
	1	ORSINI Antonietta	1964	ITA	66.70	215.0	145.0	210.0	570.0
	2	KANKUS Johanna	1984	FIN	65.70	182.5	127.5	170.0	480.0
	3	JABLONSKA Magdalena	1985	POL	67.50	205.0	95.0	172.5	472.5
	4	WAHLANDER Elisabeth	1960	SWE	67.20	185.0	90.0	192.5	467.5
	5	YERMOLENKO Mariya	1982	UKR	65.75	182.5	97.5	182.5	462.5
	6	STEGER Nicole	1981	GER	66.55	162.5	100.0	195.0	457.5
	7	SAMUELSSON Linda	1977	SWE	67.35	172.5	105.0	157.5	435.0
	8	SCHREIBER Elke	1984	GER	64.60	177.5	85.0	170.0	432.5
	9	GUDSTEINSDOTTIR Maria	1970	ISL	67.15	165.0	97.5	165.0	427.5
	10	BAK Kathrine	1981	DEN	65.15	137.5	85.0	192.5	415.0
	-	OPDAL Veronica	1985	NOR	64.75	177.5	97.5	175.0	0.0
	-	HRABALOVA Jana	1984	CZE	67.20	155.0	92.5	155.0	0.0
75kg									
Thu 06 May 2010									
	1	BYRUK Ielyzaveta	1988	UKR	72.40	235.0	155.0	225.0	615.0
	2	BLIKRA Inger	1961	NOR	74.25	225.0	145.0	215.0	585.0
	3	TIMMERS Ankie	1986	NED	74.70	175.0	122.5	210.0	507.5

4	CHRISTENSEN Lucia	1985	SWE	74.05	200.0	112.5	192.5	505.0
-	EJLERSEN Lise	1982	DEN	73.80	200.0	70.0	175.0	0.0
-	PANTINA Olga	1979	RUS	74.75	215.0	147.5	187.5	0.0

82.5kg Fri 07 May 2010

1	KOZLOVA Olena	1990	UKR	77.90	250.0	137.5	230.0	617.5	○
2	YLITALO Riikka	1982	FIN	80.75	225.0	145.0	220.0	590.0	
3	SINDIKAS Nadezda	1986	RUS	77.30	232.5	135.0	207.5	575.0	
4	PEDERSEN Annette	1968	DEN	75.15	210.0	130.0	217.5	557.5	
5	ARNESEN Hille Heidi	1970	NOR	76.00	215.0	132.5	207.5	555.0	
6	SHOTTON-GALE Charlotte	1983	GBR	82.00	175.0	115.0	160.0	450.0	

90kg Fri 07 May 2010

1	STRIK Ielja	1973	NED	88.55	262.5	183.0	215.0	660.5	○
2	SZABO Agnes	1988	HUN	89.70	175.0	145.0	140.0	460.0	
3	KROMEK Monika	1977	HUN	87.90	155.0	95.0	165.0	415.0	

90+kg Fri 07 May 2010

1	GEMALTDINOVA Olga	1986	RUS	99.99	290.0	157.5	255.0	702.5	○
2	OROBETS Inna	1971	UKR	99.99	260.0	177.5	215.0	652.5	
3	NOKUA Katariina	1973	FIN	97.10	235.0	150.0	187.5	572.5	
4	L?NN Sandra	1974	SWE	99.99	200.0	190.0	165.0	555.0	

Best Lifter ≥

1	BYRUK Ielyzaveta	1988	UKR	598.1 pts (615.0, 72.40)
2	ORSINI Antonietta	1964	ITA	586.8 pts (570.0, 66.70)
3	GEMALTDINOVA Olga	1986	RUS	584.9 pts (702.5, 99.99)

Team Points ≥

1	UKR	66 pts (12+12+12+12+9+9)
2	FIN	55 pts (12+9+9+9+8+8)
3	RUS	50 pts (12+12+9+9+8)

MEN SEN

[summary](#) [detail](#)

cat	pl	name	born	team	bwt	squat	bench	dead	total
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56kg Tue 04 May 2010

1	WSZOLA Dariusz	1978	POL	55.50	237.5	165.0	205.0	607.5	
2	OSMIALOWSKI Pawel	1977	POL	55.60	240.0	135.0	220.0	595.0	
3	CONSTANTINE Patrick	1969	GBR	55.25	220.0	120.0	227.5	567.5	○
4	TINEBRA Fr?d?ric	1978	FRA	55.50	225.0	137.5	200.0	562.5	

60kg Tue 04 May 2010

1	DANILOV Konstantin	1986	RUS	59.30	275.0	165.0	265.0	705.0	○
2	LITED Etienne	1979	FRA	59.90	245.0	152.5	242.5	640.0	
3	GOLAK Dominik	1982	POL	59.85	230.0	140.0	230.0	600.0	
4	NIKOLOV IVAN	1988	BUL	58.90	210.0	140.0	200.0	550.0	
-	WULFFELD Thomas	1969	SWE	59.85	200.0	110.0	210.0	0.0	

67.5kg Tue 04 May 2010

1	EL BELGHITI Hassan	1975	FRA	67.40	300.0	160.0	310.0	770.0	○
2	MAKAROV Dmitry	1988	RUS	67.30	285.0	190.0	275.0	750.0	
3	RICHARD Rhillip	1971	GBR	67.45	295.0	192.5	247.5	735.0	
4	HEISKANEN Timo	1970	FIN	66.85	242.5	145.0	265.0	652.5	
5	RUSO Karel	1965	CZE	67.00	250.0	100.0	245.0	595.0	

75kg Tue 04 May 2010

1	SHALOKHA Arkadiy	1983	UKR	74.65	300.0	210.0	290.0	800.0	○
2	GROMOV Alexander	1981	RUS	74.35	300.0	235.0	250.0	785.0	
3	MDIVNISHVILI Irakli	1980	UKR	73.75	285.0	205.0	280.0	770.0	

4	BAALI Kader	1968	FRA	74.50	270.0	185.0	290.0	745.0	
5	PREUTHUN Louis	1980	DEN	74.70	240.0	152.5	240.0	632.5	
-	MIHAILOV ROBERT	1977	BUL	75.00	277.5	192.5	275.0	0.0	
82.5kg							Wed 05 May 2010		
1	NANIEV Andriy	1984	UKR	82.25	352.5	225.0	310.0	887.5	○
2	RYSYEV Volodymyr	1982	UKR	81.50	352.5	215.0	312.5	880.0	
3	VASYUKOV Eugeny	1985	RUS	82.20	345.0	217.5	310.0	872.5	
4	SPYCHALA Jacek	1978	POL	82.30	325.0	207.5	300.0	832.5	
5	VASILEV TODOR	1978	BUL	82.20	320.0	190.0	317.5	827.5	○
6	PALMER Robert	1982	GBR	80.85	315.0	230.0	280.0	825.0	
7	KVIST Jouni	1973	FIN	82.10	315.0	197.5	312.5	825.0	
8	TEPPER Eduard	1979	GER	81.55	285.0	227.5	302.5	815.0	
9	FEKETE Miklos	1973	HUN	82.05	285.0	212.5	292.5	790.0	
10	MILLER Daniel	1988	POL	82.10	340.0	217.5	170.0	727.5	
11	KAILEY Pardeep	1983	NED	81.20	267.5	175.0	257.5	700.0	
12	PANAZAN Ovidiu	1975	ROM	81.45	220.0	195.0	220.0	635.0	
90kg							Wed 05 May 2010		
1	KRYMOV Andriy	1985	UKR	89.75	335.0	287.5	292.5	914.5	○
2	SARAFIMOV Zdravko	1984	BUL	89.80	340.0	225.0	332.5	897.5	○
3	GHIRARDI Daniele	1969	ITA	89.70	320.0	230.0	342.5	892.5	○
4	WEGIERA Jan	1965	POL	89.10	335.0	270.0	285.0	890.0	
5	TURESSON Patrik	1974	SWE	89.10	345.0	217.5	325.0	887.5	
6	BETTYAR Volodymyr	1984	UKR	89.70	345.0	245.0	280.0	870.0	
7	MATTILA Vesa	1980	FIN	88.15	310.0	225.0	295.0	830.0	
8	HENTSCHEL Andre	1984	GER	88.80	302.5	230.0	282.5	815.0	
9	HORNIK Jiri	1978	CZE	88.75	302.5	220.0	280.0	802.5	
10	JANDOREK Andreas	1985	AUT	89.35	297.5	210.0	290.0	797.5	
11	NIELSEN Henrik	1984	DEN	89.85	320.0	195.0	275.0	790.0	
12	SINGH Jaswinder	1964	GBR	89.40	275.0	202.5	280.0	757.5	
-	BULLOCK Joe	1971	GBR	89.45	300.0	180.0	260.0	0.0	
100kg							Thu 06 May 2010		
1	COIMBRA Anibal	1972	LUX	99.60	375.0	250.0	350.0	975.0	
2	IVANETS Andrei	1984	BLR	97.20	340.0	215.0	362.5	917.5	○
3	SKOWRONSKI Grzegorz	1985	POL	99.00	335.0	232.5	322.5	890.0	○
4	PEETERS Andr	1970	FRA	98.90	330.0	232.5	325.0	887.5	
5	ERBS Christoph	1979	GER	95.70	310.0	200.0	345.0	855.0	
6	LAKSO Joakim	1975	SWE	99.65	337.5	202.5	307.5	847.5	
7	VARCHOLA Pavol	1978	SVK	98.35	320.0	212.5	290.0	822.5	
8	SRSEN Jaromir	1974	CZE	99.20	312.5	222.5	270.0	805.0	
9	KRISTIANSEN Mathias	1985	DEN	99.65	310.0	205.0	290.0	805.0	
10	HIRSNIK ERKKI	1982	EST	96.20	295.0	187.5	310.0	792.5	
11	BALABANOV PETAR	1976	BUL	98.30	310.0	200.0	280.0	790.0	
12	VAN MELIS Floris	1981	NED	98.65	290.0	200.0	265.0	755.0	
13	DAHL HANSEN Kim	1971	DEN	99.80	285.0	190.0	270.0	745.0	
-	PEVNYEV Sergiy	1978	UKR	99.20	377.5	275.0	335.0	0.0	
-	SPINDLER Robert	1984	AUT	99.55	300.0	205.0	0.0	0.0	
110kg							Fri 07 May 2010		
1	KARPOV Valeriy	1984	UKR	99.99	405.0	267.5	352.5	999.9	
2	WIAK Jacek	1975	POL	99.99	400.0	270.0	350.0	999.9	○
3	SHURBENKOV Andrey	1979	RUS	99.99	385.0	272.5	330.0	987.5	
4	FROLOV Mikhail	1979	RUS	99.99	400.0	257.5	330.0	987.5	

5	LEHTO Ove	1972	FIN	99.99	325.0	255.0	335.0	915.0	
6	PULLINEN Sami	1983	FIN	99.99	315.0	290.5	302.5	908.0	○
7	KREJCA Zbynek	1974	CZE	99.99	320.0	270.0	297.5	887.5	
8	BAK Sune	1974	DEN	99.99	335.0	255.0	290.0	880.0	
9	WILLEBRAND Kristoffer	1975	SWE	99.99	360.0	215.0	300.0	875.0	
10	OVSONKA Peter	1982	SVK	99.99	360.0	205.0	300.0	865.0	
11	DENKE Marcus	1978	SWE	99.99	332.5	200.0	320.0	852.5	
-	GRIGORJEVS Aleksandrs	1985	LAT	99.99	385.0	260.0	320.0	0.0	○
-	HANSEN J?rgen	1986	NOR	99.99	357.5	235.0	300.0	0.0	
-	OMLAND Tor Herman	1977	NOR	99.99	385.0	280.0	315.0	0.0	

125kg

Sat 08 May 2010

1	TESTSOV Viktor	1989	UKR	99.99	407.5	327.5	347.5	999.9	○
2	DRACHEV Andrey	1985	RUS	99.99	405.0	275.0	355.0	999.9	
3	SHEPEL Oleksandr	1987	UKR	99.99	427.5	250.0	350.0	999.9	
4	RANDEN Asbj?rn	1973	NOR	99.99	390.0	270.0	320.0	980.0	
5	HOLMBERG David	1973	SWE	99.99	395.0	267.5	312.5	975.0	
6	YANCHEV Vasil	1985	BUL	99.99	360.0	240.0	347.5	947.5	○
7	SARIK Tomas	1975	CZE	99.99	360.0	260.0	327.5	947.5	
8	MARKUSSEN Lars	1974	NOR	99.99	357.5	260.0	327.5	945.0	
9	BANKS Benjamin	1984	GBR	99.99	340.0	250.0	325.0	915.0	
10	PALIVONAS Linas	1981	LTU	99.99	332.5	245.0	312.5	890.0	
11	CLIFFE Tony	1984	GBR	99.99	332.5	240.0	310.0	882.5	
12	COLLART Jean-Luc	1959	BEL	99.99	350.0	220.0	302.5	872.5	○
13	CAZACU Sorin Vasile	1973	ROM	99.99	362.5	225.0	260.0	847.5	
14	CERNAK Du?an	1982	SVK	99.99	330.0	235.0	270.0	835.0	

125+kg

Sat 08 May 2010

1	GRABOWSKI Daniel	1984	POL	99.99	430.0	285.0	347.5	999.9	○
2	SPINGL Milan	1980	CZE	99.99	435.0	295.0	332.5	999.9	○
3	SANDVIK Kenneth	1975	FIN	99.99	405.0	315.0	315.0	999.9	
4	KIBIREV Anton	1983	RUS	99.99	420.0	275.0	340.0	999.9	
5	JOHANSSON Anders	1975	SWE	99.99	390.0	285.0	355.0	999.9	
6	DAHL Olaf	1974	NOR	99.99	380.0	262.5	360.0	999.9	
7	D?RNER Andy-Elvis	1976	GER	99.99	432.5	262.5	305.0	999.9	
8	JONSSON Audunn	1972	ISL	99.99	392.5	270.0	337.5	999.9	○
9	THOMPSON Andrew	1976	GBR	99.99	350.0	280.0	325.0	955.0	
10	STEFANSSON Arni Freyr	1985	ISL	99.99	342.5	220.0	282.5	845.0	
-	SORIG Morten	1969	DEN	99.99	370.0	250.0	270.0	0.0	
-	SVENSSON Fredrik	1979	SWE	99.99	350.0	315.0	305.0	0.0	

Best Lifter »

1	DAHL Olaf	1974	NOR	608.6 pts (999.9, 99.99)
2	TESTSOV Viktor	1989	UKR	608.6 pts (999.9, 99.99)
3	KARPOV Valeriy	1984	UKR	608.6 pts (999.9, 99.99)

Team Points »

1	UKR	69 pts (12+12+12+12+12+9)
2	POL	58 pts (12+12+9+9+8+8)
3	RUS	55 pts (12+9+9+9+8+8)

REFEREES

summary [detail](#)

cat	name	born	team	note
IPF1	BAZAIIEV Sirazhutdin		UKR	W-56-60. M-110
IPF2	BJ?RK Patrik		SWE	All

IPF2	BOUBEL Bernard	LUX	Men 110-125 +
IPF1	BUSSELOT Myriam	BEL	All
IPF1	DE PUYTORAC Xavier	FRA	All
IPF2	DEKHANOV Alexander	RUS	All except men 60.0 ; 67.5.
IPF1	FARQUHARSON Ralph	GBR	48 - 52Kg W. 100Kg M Referee or Jury
IPF1	GUNNARSSON G?ran	SWE	Jury in case of insufficient cat. 1
IPF1	HAMMANG Alain	LUX	Jury in case of insufficient cat. 1
IPF2	HANNOLIN Arto	FIN	TEST CAT. 1
IPF1	HATOT Stephane	FRA	Only Tue and Wed
IPF2	HAUKSSON Helgi	ISL	All except M 125+ and W -67.5
IPF2	HEMMERLING Ines	GER	All
IPF1	HOFIREK Jiri	CZE	All
IPF1	IVANOV EMIL	BUL	All
IPF1	IVANOV Sergey	RUS	All
IPF1	KEIZER Henk	NED	All except Dutch lifters
IPF1	KHODOSEVICH Gennady	RUS	All
IPF1	KOTENDZHY Leonid	UKR	M-56-67.5. M-125-+125. W-67.5-75
IPF1	LAURSEN Helge	DEN	All but Friday and Saturday
IPF1	M?LLER Pavol	SVK	Tuesday only men
IPF2	MAYRHOFER Josef	AUT	All Women up from 60. Men 56-75
IPF2	MOSCIANESE M.Pia	ITA	EXAM CAT. 1
IPF1	MUSZTAFa Imre	HUN	All - no categories with HUN lifters
IPF2	NOCEK Grzegorz	POL	W 56 to 75; M 82.5 to 125+
IPF1	NOVUM Morten	NOR	W 48?60 kg. 90?90+. M 56?100
IPF2	OLECH Jaroslaw	POL	W 56 - 90+; M 82.5t o 125+
IPF1	PARAGE Gaston	LUX	All
IPF1	ROSSI Sandro	ITA	All except W 52-67.5 and M 90-100
IPF2	SEPP?L Ilkka	FIN	All
IPF2	SPRINGETT Carole	GBR	All - EXAM CAT. I.
IPF2	THUR Patrik	SWE	All
IPF1	UDDEBOM Erik	SWE	Jury in case of insufficient cat. 1
IPF1	WAHLSTR?M Arnulf	NOR	Jury - all
IPF1	WINBLADH Bengt	SWE	All
IPF2	ZBANDUT Ivan	UKR	W-48-52. W-82.5-90. M-82.5-90
IPF1	ZNOJEK Arkadiusz	POL	W 82.5 - +90